

Work

I work with anticipation, enthusiasm and joy. Abundance surrounds me and I embrace it into my life. Business comes to me effortlessly. I inspire confidence in my clients and colleagues. Clients are comfortable with me and rely on my expertise. I conduct my business with honor, integrity, honesty, and efficiency. I call my jelly bean jar on a monthly basis with great success enabling me to avoid prospecting in ways that are less productive. My home is paid for and adequate money is available for the future. I am able to provide assistance for my children and grandchildren if needed or just because I want to.

1. Appointment each day
2. Working jelly bean jar (contact each month)
3. Continuing education (set plan to get gri, abr, crs)

Family

I am able to spend time each day conversing with various family members. We are able to talk and share the most intimate and important ideas. My grandchildren look forward to spending time with me feeling safe and secure. I am the matriarch that expounds love and joyful experience by sharing quality time. I am an example to each member of my family.

1. Telephone conversations with various family members at least weekly
2. Family dinners or get-togethers at least once a month
3. Spend quality time doing something special with grandchildren each month

Health – Recreation

I enjoy and find ample time to exercise my body and mind finding great personal satisfaction in each endeavor. I spend time learning and doing new, invigorating, rewarding activities. I personify exuberance and vibrance in all that I do. I have energy to do all that I want to do.

1. Exercise or physical activity (at least 4 times weekly for 30 minutes)
2. Become diet conscious, eat right and choose healthy foods over fast foods
3. Meditation – self affirmations on a daily basis

Relationship-Personal

I enjoy being in activities that develop relationships that are mutually stimulating and rewarding. Friendships are numerous and provide food for the soul, satisfying, and joyful. I am open to a meaningful lifetime relationship with a man that shares my enthusiasm for life. He encourages and inspires me to excel in all areas of my life, to be the best I can be, as I do for him. I strive daily to expand my spiritual intellectual depth. I take time to listen to my heart and soul – KNOWING where my spirit will lead me. I enjoy doing service projects in a number of arena's. I am comfortable with who what I am. Life is a mysterious adventure of discovery and I strive each day to unravel my personal past and future mysteries.

1. Join a variety of groups (Sorority, Ed Committee; Associate Council;
2. Spend time with friends
3. Read, study, listen to spiritual uplifting material