

Although Tipping is unequivocal when it comes to taking forgiveness to its logical and ultimate conclusion, his approach is essentially a very gentle and simple one, an approach which lends itself to a rather natural duplication process among professional and non-professional people through his Radical Forgiveness Therapy, Coaching Training, and Certification Program. As he states on his website, "I see my mission as nothing less than raising the consciousness of the planet through Radical Forgiveness." And among the people he is inviting to share in this vision are "students and teachers of ***A Course in Miracles*** who wish to apply their knowledge to Radical Forgiveness Therapy." After talking to Colin Tipping over the phone, which enabled me to get an even better sense of where he was actually "coming from," I have no hesitation whatever in recommending that his program is one well worth inquiring into further on a personal basis.

Chapter 1 of the book, entitled "Jill's Story," begins with a very engaging account of how Colin Tipping's sister, Jill, was able, with the help of her brother, to literally save and transform her marriage through the principles of Radical Forgiveness. Then the author takes us through his book, step by step, revealing to us how Radical Forgiveness actually works, and how it is different from other kinds of forgiveness, which he puts in the framework of three clearly laid out categories: Pseudo Forgiveness (false forgiveness, pardon, etc.); Mock Forgiveness ("a way of living in the world"); and Radical Forgiveness ("nothing less than a spiritual path") - focusing on the latter two, complete with charts and several helpful illustrations, as well as an interesting discussion of "Underlying Assumptions" (most particularly from a metaphysical perspective).

Then there is a discussion of "Tools For Radical Forgiveness," which includes insights on how one can "Fake 'Til You Make It," and how "We need not like the person or love the person's personality, but we must feel genuine love for the person's soul to experience Radical Forgiveness. When we feel this unconditional love for their soul, our soul joins theirs and we become one."

Then there is "The 4-Step Forgiveness Process," which is outlined very simply:

STEP ONE: "Look what I created" - meaning, we are creators of our reality.

STEP TWO: "I notice my judgments and love myself for having them" - making clear to us "that as humans we automatically attach a whole string of judgments, interpretations, questions, and beliefs to situations."

STEP THREE: "I am willing to see the perfection in the situation" - which emphasizes that **willingness** is the most essential factor in "any genuine forgiveness process, be it Mock or Radical."

STEP FOUR: "I choose the power of peace" - which makes clear that, "This fourth step represents a consequence of all the previous steps."