

All of which is synthesized for us in a very helpful way in Chapter 29, "Making Room For The Miracle," which contains a clear and detailed description of how the Radical Forgiveness Worksheet works in practice, ending with these words:

"Remember, all forgiveness starts as a lie. You begin the process without forgiveness in your heart, and you fake it until you make it. So, be gentle with yourself, and let the forgiveness process take as long as necessary. Be patient with yourself. Acknowledge yourself for the courage it takes simply to attempt completing the Forgiveness Worksheet, for you truly face your demons in the process." As did, remember, Colin Tipping himself. This author most definitely "walks his talk" - all the way Home.

In short, a great book - both to read and to use personally. It's no wonder people like Alan Cohen, Catherine Ponder, John Bradshaw, and Caroline Myss are so enthusiastic about it!

Val Scott

Colin Tipping, author of *Radical Forgiveness*, will be a featured speaker and workshop leader at the June 13-16, 2002 **Choosing Forgiveness First** teaching, learning, serving and healing event, which will take place at the University College of the Cariboo in Kamloops, B.C. beginning on Thursday, June 13th, at 7 p.m.

For further information about this event, see: www.choosingforgiveness.org/ffi.htm - or contact Susan Dixon - Phone: (250)851-6489. Or e-mail: sdixon1@shaw.ca

For information about the 2nd edition of Colin Tipping's book, see:
www.radicalforgiveness.com/the_book.html
