

# Foundation for the Training

**The MASTERS™ Coaching Program is designed to help you identify ways in which you will become more effective. The success of the program requires the following:**

1. Attendance to each and every module
2. That any participant who decides not to complete the training will return to complete his\her relationship with the group.
3. Attendance on time to each session. Returning on time from breaks. Housekeeping for late participants will be done as a group process.
4. No smoking in the training room.
5. That trainings begin at 10:00 a.m. [or 2:30 p.m.] and end approximately \_\_:00 a/p.m ; breaks will be approximately 15 minutes each.
6. That each participant commits to being open, willing to be confronted, and willing to actively participate in each session, and specifically to tell the truth and be honest. Additionally, each participant agrees to show respect and compassion for everyone in the group.
7. That the content of the training is a private and confidential matter between you and the group. All materials, forms, concepts and conversations shall be kept strictly confidential.
8. That each participant commits to reviewing their vision daily and will make daily commitments relevant to their vision, except when vacationing. Vacations are to be scheduled in advance.
9. That each participant commits to managing and integrating his/her life in the areas of work, personal, health and recreation. Each participant agrees to support each other in the face of negativity and resistance; and each participant agrees specifically not to compete with anyone in this group.
12. That no alcohol or drugs will be ingested 12 hours prior to each session.
13. That all portable paging and phone systems are to be turned off.
13. That each commits to developing a measurable vision statement, annual goals and plan of action for the duration of the program.
14. That each participant commits to enrolling his/her personal and professional relationships in supporting him/her in this program.
16. That any changes require unanimous agreement from the group.
17. That the communication during the training is with the trainer, or the group as facilitated by the trainer, or with the cluster/partner when working in cluster/partner groups.

**Signature** \_\_\_\_\_

**Date** \_\_\_\_\_