

Personal Values

First select 10, then wait a few minutes, then select only 7. Many more than 7 can be personal values to you, though 7 is generally all that most people can comfortably remember and focus their positive energy. One for each day of the week.

- Achievement
- Advancement
- Adventure
- Aesthetics
- Affection
- Affiliation
- Commitment
- Compassion
- Cooperation
- Creativity
- Discipline
- Faith
- Family
- Forgiveness
- Freedom
- Friendship
- Generosity
- Gratitude
- Health
- Inclusivity
- Inner Harmony
- Intuition
- Justice
- Learning
- Love
- Loyalty
- Order
- Peace
- Pleasure
- Prosperity
- Quality
- Responsibility
- Security
- Self-respect
- Service
- Spirituality
- Variety
- Virtue
- Wisdom